iQ Jiu-Jitsu
Inward Quest

Class Schedule

iQjiujitsu.com iQjiujitsu@gmail.com

Class	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Squirrels BullySafe Ages 5-8 yr.	6:00-7:00pm	5:00-6:00pm		5:00-6:00pm		9:00-10:00am
Juniors BullySafe Ages 9-14 yr.	5:00-6:00pm	6:00-7:00pm		6:00-7:00pm		10:00-11:00am
Adult Fundamentals	7:00-8:00pm	7:00-8:00pm				
Mastery Cycle			7:00-8:00pm	7:00-8:00pm		11:00-12:00pm
Focus Sparing	8:00-8:30pm	8:00-8:30pm	8:00-8:30pm	8:00-8:30pm		12:00-12:30pm
Private Lessons	By Appointment	By Appointment	By Appointment	By Appointment	By Appointment	By Appointment